

ALL NEW CURRICULUM WITH MORE PRACTICE

Introduction to Motivational Interviewing An Eight Week Telecourse, 4th year of presentation

presented by

cathycoletraining,inc

Cathy Cole, MSSW, LCSW

Motivational Interviewing Network of Trainers 1995

Chapel Hill, NC

This class will meet in a live conference call format for eight one hour sessions Monday October 1 through November 19, 2007

Class time 5-6pm Eastern Time

Sponsored by: cathycoletraining <http://www.cathycoletraining.com>

Continuing Education 8 hours

NASW Provider #: 886383517

Registration limited to 10 participants

Why should you enroll in this telecourse?

Motivational Interviewing is defined by William R. Miller and Stephen Rollnick, the authors of the approach, as a 'client centered directive method for enhancing intrinsic motivation for change by exploring and resolving ambivalence'.

The concept of Motivational Interviewing evolved from experience with problem drinkers and now encompasses in its effectiveness work with a wide range of concerns such as health care improvement, high risk sexual behaviors, diabetes management, and mental health problems. Professionals from across the world are now using a Motivational Interviewing approach to explore and resolve ambivalence for change. A growing body of research supports this method for eliciting and supporting change talk that leads to action.

In this eight hour, interactive workshop participants will learn the Principles of MI, the Opening Strategies, Methods for Eliciting Change Talk, and ways to Roll with Resistance. Lecture and opportunities for practice are provided. Most importantly, participants will be able to embody the 'Spirit of MI' in their own settings within the parameters of their interactions with clients.

Class notes are provided along with the recommended reading from Motivational Interviewing, Preparing People for Change, Miller and Rollnick, 2002, Guilford Press.

You must have email access to take this course as notes are provided via email.

Learning Objectives:

Upon completing the workshop, participants will be able to:

Identify the Principles of Motivational Interviewing

- * Utilize the Opening Strategies
- * Apply strategies for Rolling with Resistance

- * Employ Methods for Eliciting Change Talk
- * Determine the most effective way to utilize MI in the work setting

Instructor:

Cathy Cole, MSSW, LCSW is an educator and clinician. She received her Masters of Science in Social Work from the University of Tennessee and has maintained a varied clinical and education practice throughout her career. Since her training in Motivational Interviewing in 1995, she has provided extensive training.

Ms. Cole is a Consulting Associate in the Department of Psychiatry at Duke University Medical School and a member of the Motivational Interviewing Network of Trainers. For more information, visit <http://www.cathycoletraining.com>.

Location: You will call into the conference line from a location convenient to you; you will pay for the cost of the call to the conference line.

Advantages to a teleclass: Less time away from work and no cost for travel; incremental learning with time to practice/integrate.

Tuition: Early registration: **\$440 before September 10, 2007** (fee: workshop, syllabus, plus CE certificate)

Late registration: **\$460**

No registrations will be accepted after September 26, 2007

Agency fee: Agencies desiring to train a group of staff members will have a separate class arranged. Please contact me at cathy@cathycoletraining.com to discuss this arrangement.

Refund Policy: A **\$50.00 processing fee will be charged for tuition refunds prior to September 10, 2007. After September 10, 2007 no tuition refunds are possible.**

Registration:

Please complete the attached registration form below and mail or fax with payment to:

Cathy Cole
POB 17271
Chapel Hill, NC 27516-7271
Fax: 919-382-8102

Payment can be made in the form of a check or money order payable to: Cathy Cole. I accept Credit Card payments and utilize PayPal for billing this charge. You must have email in order to pay by credit card on this Secured site. If you wish to arrange payment

through a purchase order or institutional check, please let me know this by emailing at cathy@cathycoletraining.com

REGISTRATION FORM
Introduction to Motivational Interviewing
An Eight Week Telecourse
Mondays October 1 through November 19, 2007
Class time 5-6pm Eastern Time

Registration is limited to the first 10 registrants. Please provide a separate form for each registrant.

Check or Money order payable to: Cathy Cole

Mail registration form and payment to:

Cathy Cole

POB 17271

Chapel Hill, NC 27516-7271

FAX: 919-382-8102

Name:

Address:

Telephone:

Fax:

E-mail:

Agency:

_____ Enclosed is: \$_____ for my registration fee

_____ Credit card: http://www.cathycoletraining.com/paypal_payments.php (click or copy and paste into your browser)

_____ My institution will be sending payment, and I understand that my registration is not complete until my registration fee/purchase order is received.

Please tell me what specific goals you have for this workshop:

